



Event Information for PHF NY WALK 2010

Dear PHF NY WALK 2010 Registrant,

Welcome to 1st Annual PHF NY WALK 2010!!

Check in and late registration will begin at 10:00am. The registration table will be clearly marked and there you will register, hand in any collected donations and sign-up anyone who has not yet registered.**

Don't forget to pick up your PHF NY WALK 2010T-Shirt.

**** *Bring all money collected with you. Envelopes will be provided to you at the Registration table. Use the Donation Form contained with this packet to itemize your collected donations.***

Things to bring:

Folding travel chairs ♦ Sunscreen ♦ Comfortable walking shoes ♦ You may walk, run, bike or rollerblade in the park ♦ Our area has many picnic tables and benches, but feel free to bring your own chairs.

Park Information:

- **PHF NY WALK location is in Parking Lot #2**
- **Restrooms are located in the Park**
- **Playground area located in our area**
- **There is an \$8.00 per car Park entrance charge.**
- **There is NO rain date. Event will go on, rain or shine, (we prefer shine)**

Special Information:

- **FREE Music provided by DJ BIGGS of BIGTYME Entertainment**
- **Face painting by Carol Ferrando of "Face Painting is Fun" website**
- **Face painting and Balloon making by Edna "Minnie the Clown" Gomez**
- **"Coco's Creations" by Coco Umar**
- **FREE breakfast AND lunch**
- **FREE snacks and water.**
- **Basket Raffle (be sure to bring extra cash!)**
- **Silent Auctions (be sure to bring extra cash or checks!)**

We look forward to seeing you on October 9th.

DIRECTIONS TO FRANKLIN D. ROOSEVELT STATE PARK

Directions for Cars

1. FROM MANHATTAN AND BRONX: Rt. 87 N (Major Deegan) to exit 7A (Saw Mill River Parkway) to exit 26 (Taconic State Parkway N) to the Franklin D. Roosevelt State Park exit **OR** Sprain Brook Parkway or Bronx River Parkway N to Taconic State Parkway N to Franklin D. Roosevelt State Park exit.
2. FROM QUEENS AND LONG ISLAND: Throggs Neck Bridge to 295 W (or Bronx Whitestone Bridge) to 95 S (Cross Bronx Expressway) to exit 4B (Bronx River Parkway N) to Sprain Brook Parkway N to Taconic State Parkway N to Franklin D. Roosevelt State Park exit.
3. FROM BROOKLYN: Triborough Bridge (278) to Rt. 87 N (Major Deegan) and then follow the same directions as from Manhattan & Bronx (#1 above).
4. FROM NEW JERSEY: George Washington Bridge and then follow the same directions as from Manhattan & Bronx (#1 above).
5. FROM WEST (BEAR MOUNTAIN): Bear Mountain Bridge to Rt. 6 E to Bear Mountain Parkway E to Rt. 202 E. Approximately 2.5 miles to Taconic State Parkway S. Get off at first exit for Franklin D. Roosevelt State Park.
6. FROM NORTH: Taconic State Parkway S to Franklin D. Roosevelt State Park exit.

Directions for Buses

1. FROM MANHATTAN & BRONX: Rt. 87 N (Major Deegan) to exit 8A to exit for Rt. 119 E. At first light turn left on to Rt. 9A N to Rt. 100 N to Rt. 118 N to Rt. 202 W. The entrance to Franklin D. Roosevelt State Park is approximately 2.5 miles on the left.
2. FROM QUEENS AND LONG ISLAND: Throggs Neck Bridge to Rt. 95 (New England Thruway) N/E exit 21 to Rt. 287 W (Cross Westchester Expressway) to Rt. 684 N to Rt. 35 W to Rt. 202 W. The entrance to Franklin D. Roosevelt State Park is approximately 2.5 miles on the left.
3. FROM BROOKLYN: Follow the same directions as from Manhattan & Bronx (#1 above for buses).
4. FROM NEW JERSEY: Tappan Zee Bridge to Rt. 9 N to Rt. 117 E to Rt. 100 N to Rt. 118 N/W to Rt. 202 W. The entrance to Franklin D. Roosevelt State Park is approximately 2.5 miles on the left.
5. FROM WEST (BEAR MOUNTAIN): Cross the Hudson River at the Bear Mountain Bridge and take Rt. 6 to Bear Mountain Parkway E to Rt. 202 E. The entrance to Franklin D. Roosevelt State Park is approximately ½ a mile E of the Taconic State Parkway.
6. FROM NORTH: Rt. 9 S to Bear Mountain Parkway E to Rt. 202 E to the Franklin D. Roosevelt State Park entrance on the right approximately ½ a mile E of the Taconic State Parkway.

